Bicycling Safety on Roads and Trails

- Always wear a helmet: Pennsylvania law requires all cyclists under age 12 to wear an approved bicycle helmet. Helmets are recommended for all riders.
- When riding a bicycle on a roadway, the bicycle is considered a vehicle and must obey all traffic laws. Ride with the flow of traffic. Obey stop signs and traffic lights. Hand signals are required.
- You can ride a bicycle either on the shoulder or the roadway itself, depending on conditions. Like all road users, slower vehicles should keep to the right and ride single file.
- Left turns should be made from the left side of the driving lane or from a designated left turn lane.
- A bicyclist must yield to pedestrians on roads and trails.
- You are not permitted to ride a bicycle on a sidewalk in a business district.
- If you use your bike at night, it must be equipped with a front lamp, rear reflectors and side reflectors. Borough parks and off-road trails are closed from dusk to dawn.

Hand and Arm Signals

To signal a left turn, extend the left hand and arm horizontally.

To signal a right turn, extend your left hand and arm upward.

To signal a stop or decrease in speed, extend the left hand and arm downward.

What is a Sharrow?

A shared-lane marking, or sharrow, is a marking placed in a traffic lane to indicate that a bicyclist is likely to occupy the same lane. Shared-lane markings are used to:
- Assist bicyclists with positioning in lanes that are too narrow for a motor vehicle and a bicycle to travel side by side within the same traffic lane;
- Alert motorists that bicyclists are likely to occupy the same lane;
- Encourage safe passing of bicyclists by motorists; and
- Reduce the incidence of wrong-way bicycling.

How to use a Bike Rack

The recommended procedure is to rack the bike perpendicular to the rack to allow the maximum number of bikes.

Wayside Marker Titles

1. RETURN OF THE CAPTIVES
2. FIRST PRESBYTERIAN CHURCH
3. EPHEM BlaINE HOUSE
4. 1775 CARLISLE INDIAN CONFERENCE
5. FREDERICK DOUGLASS VISITS CARLISLE
6. THE OLD JAIL
7. DUNCAN STILES HOUSE
8. MAJOR GENERAL JOHN ARMSTRONG
9. FT. PATRICK CHURCH
10. LETORT SPRING RUN
11. THE OLD GRAVEYARD
12. COLONEL ROBERT MAGAW
13. THE MCLINTOCK RIOT
14. THE MCCLINTOCK HOUSE SQUARE
15. THE SHELLING OF CARLISLE
16. THE OLD LIVERY STABLE
17. THE CARLISLE THEATRE
18. CENTENARY BUILDING
19. THE CUMBERLAND COUNTY HISTORICAL SOCIETY, HAMILTON LIBRARY, AND MUSEUM
20. THE CARLISLE TRAIN STATION
21. BELLAIRE HOUSE
22. THE PRESIDENT’S HOUSE - DICKINSON COLLEGE
23. OLD WEST
24. DR. BENJAMIN RUSH
25. THE FORBES TRAIL
26. UNION FIRE STATION
27. THE LINCOLN CEMETERY
28. CUMBERLAND VALLEY VISITORS CENTER
29. THE SHELLING OF CARLISLE
30. THE OLD GRAVEYARD
31. THE MCCLINTOCK HOUSE SQUARE
32. THE SHELLING OF CARLISLE

Park and Trail Guidelines

Please do not litter. There are no trash receptacles on the bike trails. Pack it in, pack it out!

Carlisle Borough parks and trails are alcohol-free and smoke-free. The Borough participates in the Young Lungs at Play program.

Off-road trails and parks are open from dawn to dusk.

Dogs are permitted as long as they are kept on a 6’ leash and dog waste is bagged and properly disposed of.

Carlisle’s Wayside Markers

The Borough of Carlisle, Cumberland County, Pennsylvania was founded in 1791. Throughout the colonial period, Carlisle was the major jumping-off point for travel west to the Ohio Valley. It was George Washington’s choice for his army’s first arsenal and school. Carlisle was also home to the Carlisle Industrial Indian School, a school for American Indians, of which Olympic champion Jim Thorpe is an alumnus. The location of the Carlisle Industrial Indian School now houses the U.S. Army War College. Carlisle is also home to Dickinson College, which was chartered at the end of the Revolutionary War in 1783 — the first college to be chartered after the Treaty of Paris.

In 2002, Historic Carlisle, Inc. and the Borough of Carlisle partnered to initiate the Carlisle Wayside Marker Project using interpretive signage to honor and preserve Carlisle’s rich heritage for the enjoyment and education of Carlisle’s residents and visitors alike. The Wayside Markers tell the story of Carlisle’s people, buildings and historic sites and events.

The map below will assist you on a self-guided walking and/or biking tour of the Wayside Markers through the streets and byways of Carlisle’s Historic District and beyond. Please obey traffic rules, use crosswalks and watch for traffic as you visit each site to learn more about the history of Carlisle.