



1. LeTort Park (260 E. Pomfret Street)

LeTort Park serves as the trailhead for the LeTort Spring Run Nature Trail, a 2.2-mile trail meandering along the LeTort Spring Run. This 12-acre park is well suited for family enjoyment and includes 2 lighted tennis courts, a gravel volleyball court, a youth ball field, a spray pool in the summer months and Fort LeTort, an extensive playground area for young children open year-round. Barbeque grills and picnic tables are also available. Two pavilions are available for rent through Carlisle Parks and Recreation.

2. Goodyear Park (205 S. Bedford Street)

This 4-acre park is located on S. Bedford Street next to the LeTort Spring Run and the LeTort Elementary School. It connects to LeTort Park via the LeTort Spring Run Nature Trail. The park features a softball field, nature trail and t-ball area.

3. Seven Gables Park (3 Giant Lane)

Located off Rt. 74, this 25-acre passive park and nature center contains trees from all over the world. Best described as an arboretum, Seven Gables consists of a Pennsylvania cove forest containing trees native to this area as well as many unique species of trees and shrubs found throughout the United States and abroad. Signs are posted at exceptional trees along trails that can be followed through the park. This park is maintained by South Middleton Township and policed by Carlisle Borough.

4. Spahr Tot Lot (231 Mulberry Avenue)

Spahr Tot Lot is a small, 1-acre neighborhood park along the LeTort Stream Run on the east end of Mulberry Avenue. A play area consists of swings, a slide and a climber appropriate for children ages 2-5 years old.

5. Biddle Mission Park (311 E. North Street)

Biddle Mission Park is a 5-acre park that offers a .75-mile walking and biking trail. The LeTort Spring Run flows along the western side of the park. Amenities include playground equipment, benches, a water fountain, picnic tables, 2 sand and 1 grass volleyball courts, a basketball pad, exercise stations and a pavilion available for rent through Carlisle Parks and Recreation.

6. Heberlig-Palmer Tot Lot (131 Lincoln Ave)

This neighborhood park is 2 acres and can be accessed from A Street or N. West Street. Amenities within the park include playground equipment, park benches and a pavilion equipped with electricity. The pavilion is available for rent through the Carlisle Parks and Recreation Department.

7. Memorial Park (151 W. Penn Street)

At the hub of this 2-acre park is an old railroad station converted into offices for the Hope Station Neighborhood Council. The park's amenities include the Clyde George Washington lighted basketball courts, a playground area, benches, a pavilion and a spray pool. Lincoln Cemetery sits at the east end of the park. An interpretive walk around the cemetery tells its history.

8. Butcher Tot Lot (46 Chestnut Street)

Butcher Tot Lot is a 1-acre neighborhood park located one block west of S. Hanover Street. The park features playground equipment, a basketball pad and benches.



9. Thornwald Park (350 Walnut Bottom Road)

The grounds of this beautiful 32-acre park contain spacious lawns, informal gardens and forested areas. A .75-mile off-road trail links to Belvedere Street and continues to Lambertton Middle School via an on-road bike and walking route.

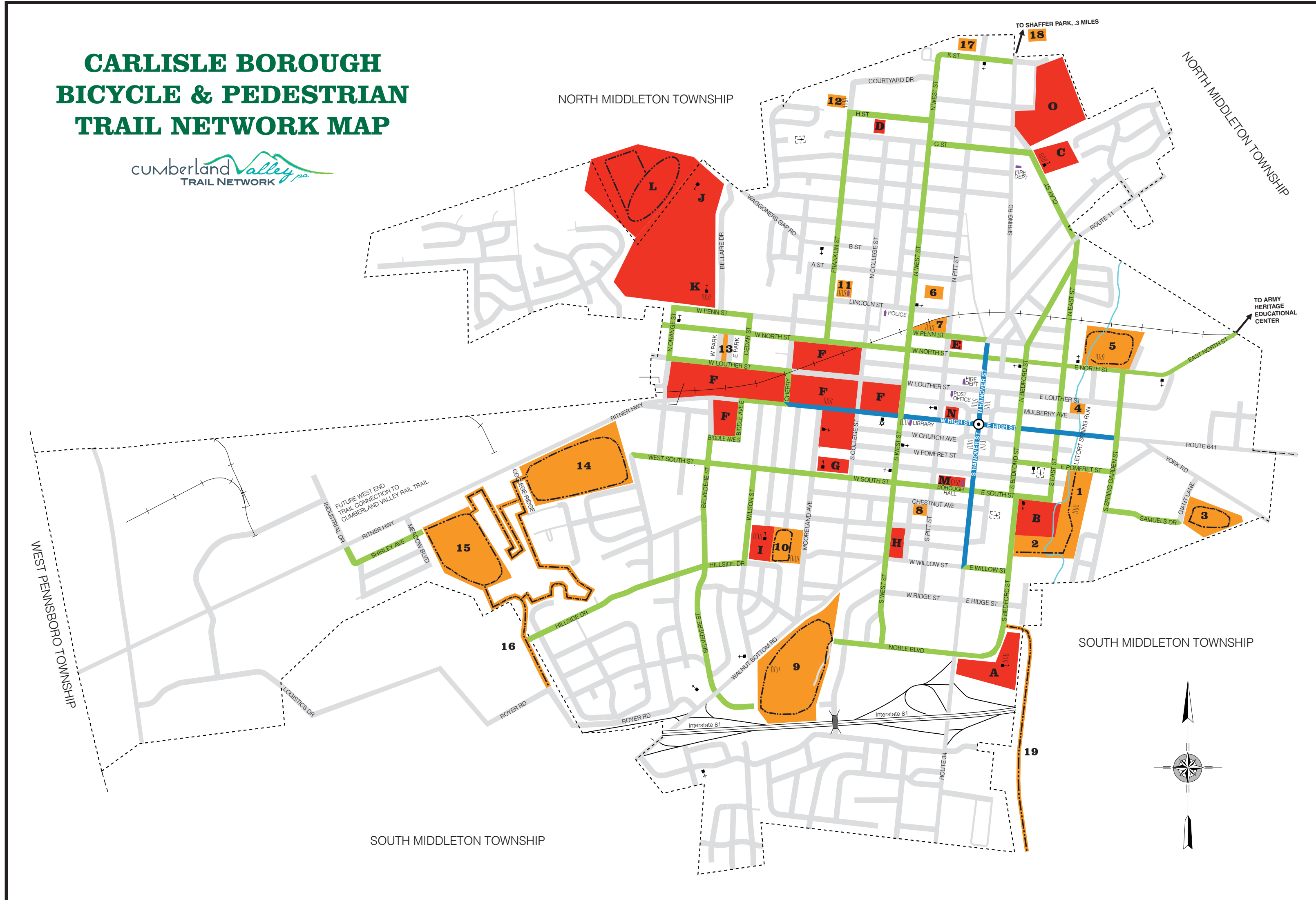
10. Mooreland Athletic Area (329 Wilson Street)

This 7-acre park is located behind Mooreland Elementary School on Mooreland Avenue. The park contains a softball field, a multi-purpose field, 4 tennis courts and a .25-mile running/walking track.

11. Stuart Community Center (415 Franklin Street)

The offices for the Carlisle Parks and Recreation Department are located at the Stuart Community Center. Health and fitness programs and sports leagues are available for children, youth and adults. The facility offers air-conditioned meeting rooms, a gymnasium, a playground and an outdoor basketball pad. The gym and meeting rooms may be rented year-round. All Parks and Recreation activity registrations and rental of pavilions and other facilities are handled at this location. Season passes for the Carlisle Community Pool, tickets for bus trips, discounted amusement park tickets, and shade tree permits are also available. Call (717) 243-3318 for details.

CARLISLE BOROUGH BICYCLE & PEDESTRIAN TRAIL NETWORK MAP



12. Carlisle Community Pool (1236 Franklin Street)

Located at the north end of Franklin Street, the Carlisle Community Pool offers a 12,000 sq. ft. main pool complete with a diving board, giant water slide and lap lanes. A zero-depth entry tot pool with a tea cup spray fountain is also available for families with young children. Additional facilities include 2 large shade shelters, a concession stand, changing rooms, basketball, volleyball and shuffleboard courts, and a pavilion. Pool information may be obtained by calling the Carlisle Community Pool at (717) 240-6957.



13. Lindner Park (629 W. Louther Street)

Lindner Park is located on W. Louther Street between E. Park and W. Park Streets and is the oldest park in Carlisle Borough. The quiet 2-acre shaded park has playground equipment, a basketball pad and park benches.

14. Dickinson Park (1240 Ritner Highway)

This park is owned and maintained by Dickinson College, however, through a lease agreement, Carlisle Borough has the use of certain facilities within the park. As part of the Carlisle Borough Bicycle and Pedestrian Trail Network, a 2.1-mile off-road trail has been constructed linking the Valley Meadows and Forbes Path trails. From start to finish, this trail offers a 3.1-mile off-road course suitable for bicyclists and pedestrians.

15. Valley Meadows Park (203 Meadow Boulevard)

A .31-mile trail winds around the perimeter of this 18-acre park. The trail connects to both the Dickinson Park trail and Forbes Path. Park amenities include 2 multi-purpose fields, a ball field, playground equipment, a basketball court, and a pavilion available for rent through the Carlisle Parks and Recreation Department.

16. Forbes Path (203 Meadow Boulevard, rear)

Providing a .7-mile meandering pedestrian and bicycle trail, this linear park has access at Royer Road, Hillside Drive and at its trailhead where it connects to Valley Meadows Park. The park serves as a buffer to residential properties abutting warehouses on the west end of town. It also provides Valley Meadows residents with a safe access into town by foot or bike without the need to travel Ritner Highway.

17. Cave Hill Nature Center (16 Cave Hill Drive)

Formed when the PA Turnpike was extended to Philadelphia, this passive park and nature center is 20 acres and for the most part, is kept in its natural state.

18. Shaffer Park (1649 Spring Road)

Located in North Middleton Township, this park is owned and maintained by Carlisle Borough. Shaffer Cabin, an ideal meeting place for scout troops or family get-togethers, is available for rent year-round through the Carlisle Parks and Recreation Department. The park is home to the Carlisle area's only dog park. Contact the Carlisle Area Dog Parks Association at www.carlisleareadogparks.org for details on membership.

19. LeTort Spring Run Trail (260 E. Pomfret Street, rear)

Owned and maintained by the LeTort Regional Authority, this tranquil trail follows its namesake creek, LeTort Spring Run, through a mix of deciduous trees and lowland marshes bristling with tall grasses and cattails. Bring your fishing gear; the LeTort is one of the finest limestone spring trout streams in the nation. From LeTort Park, the trail traces the stream for a short distance then detours around some private property via Goodyear Park to South Bedford Street. The trail is on-street at S. Bedford Street.

Pedestrians may use sidewalks, and streets are marked with shallow routes. The off-road trail picks up again on the edge of the wood line behind Lambertton Middle School. From there, the trail follows the banks of the LeTort to S. Spring Garden Street.

Educational Facilities & Other Points of Interest

- | | |
|--|--|
| A. Lambertton Middle School | H. YMCA |
| B. LeTort Elementary School | I. Mooreland Elementary School |
| C. Hamilton Elementary School | J. Wilson Middle School |
| D. YWCA | K. Carlisle Area High School |
| E. Cyber Space Computer Resource Center | L. Carlisle Area School District Cross Country Course (3.1 miles) |
| F. Dickinson College | M. Carlisle Borough Hall |
| G. Penn State's Dickinson School of Law | N. Cumberland Valley Visitors Center |
| | O. Carlisle Fairgrounds |

Color Legend

- Bike Route
- On-Street Bicycle Lanes
- Parks/Trails
- Schools/Points of Interest

Key

- School
- Place of Worship
- Cemetery
- Community Services
- Bike Rack
- Trail Location



Watch for these signs and markings to follow the Bike and Pedestrian Trail!



Bicycling Safety on Roads and Trails

- Always wear a helmet: Pennsylvania law requires all cyclists under age 12 to wear an approved bicycle helmet. Helmets are recommended for all riders.
- When riding a bicycle on a roadway, the bicycle is considered a vehicle and must obey all traffic laws. Ride with the flow of traffic. Obey stop signs and traffic lights. Hand signals are required.
- You can ride a bicycle either on the shoulder or the roadway itself, depending on conditions. Like all road users, slower vehicles should keep to the right and ride single file.
- Left turns should be made from the left side of the driving lane or from a designated left turn lane.
- A bicyclist must yield to pedestrians on roads and trails.
- You are not permitted to ride a bicycle on a sidewalk in a business district.
- If you use your bike at night, it must be equipped with a front lamp, rear reflectors and side reflectors. Borough parks and off-road trails are closed from dusk to dawn.

Hand and Arm Signals



To signal a left turn, extend the left hand and arm horizontally.



To signal a right turn, extend your left hand and arm upward.



To signal a stop or decrease in speed, extend the left hand and arm downward.

What is a Sharrow?

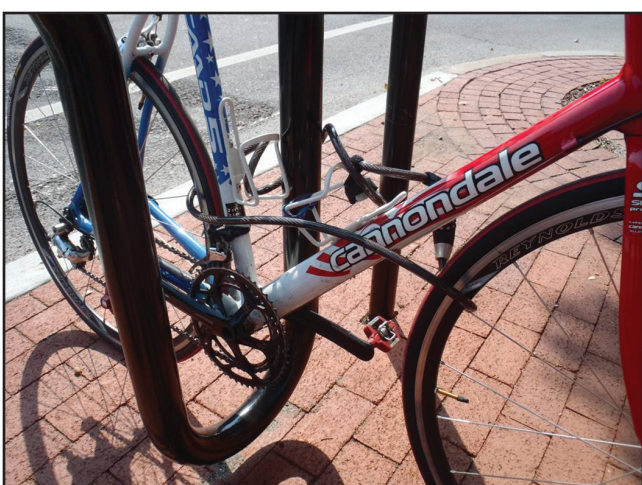


A shared-lane marking, or sharrow, is a marking placed in a traffic lane to indicate that a bicyclist is likely to occupy the same lane. Shared-lane markings are used to:

- Assist bicyclists with positioning in lanes that are too narrow for a motor vehicle and a bicycle to travel side by side within the same traffic lane;
- Alert motorists that bicyclists are likely to occupy the same lane;
- Encourage safe passing of bicyclists by motorists; and
- Reduce the incidence of wrong-way bicycling.

How to use a Bike Rack

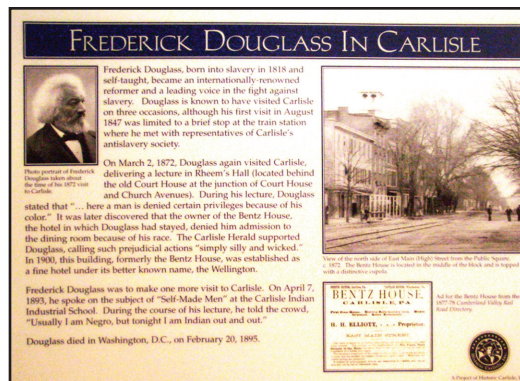
The recommended procedure is to rack the bike perpendicular to the rack to allow the maximum number of bikes.



A cable works better than a "U" lock to allow securing the frame and both wheels. It would be advisable to run a cable through the seat as well.

Carlisle's Wayside Markers

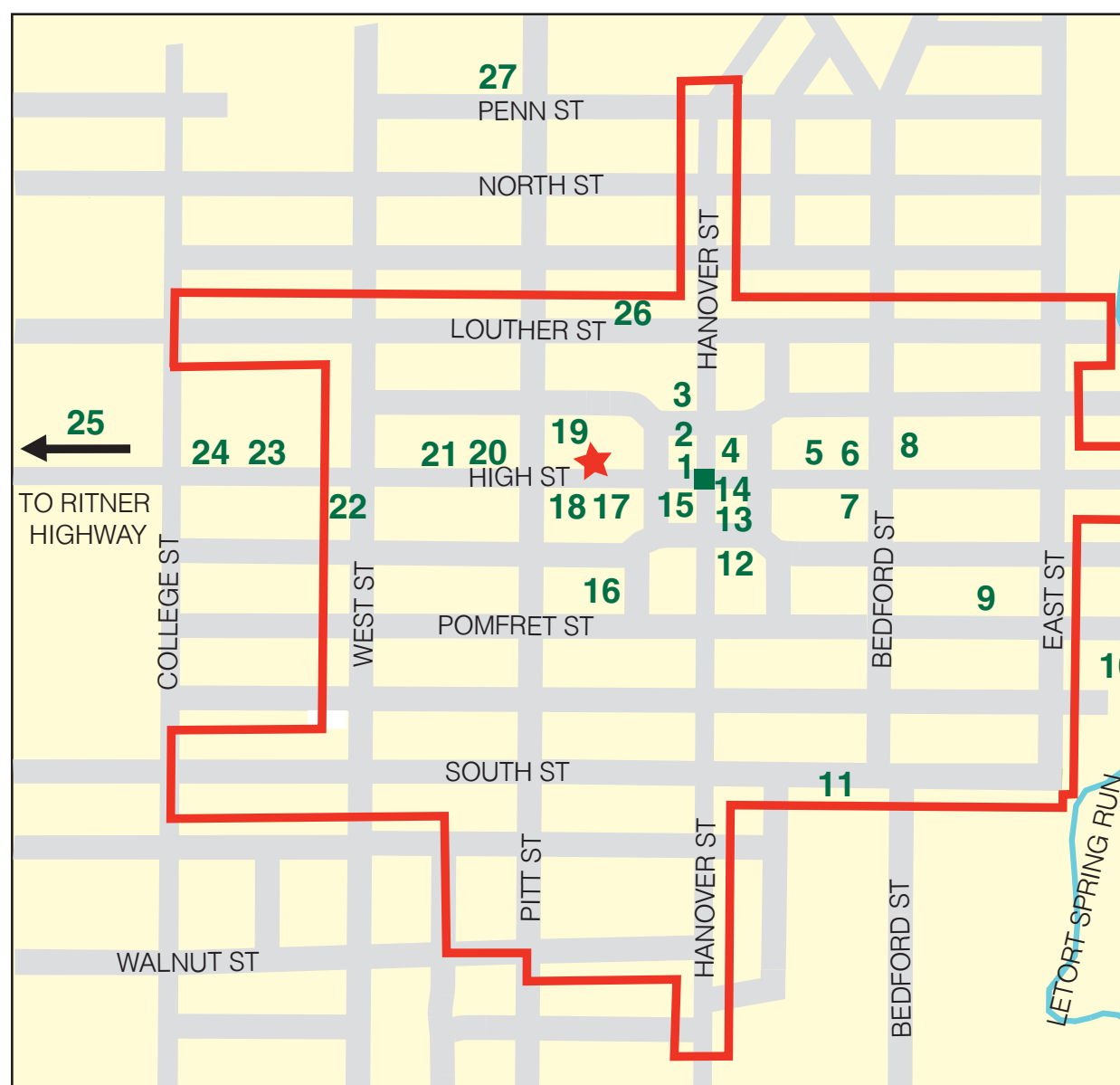
The Borough of Carlisle, Cumberland County, Pennsylvania was founded in 1751. Throughout the colonial period, Carlisle was the major jumping-off point for travel west to the Ohio Valley. It was George Washington's choice for his army's first arsenal and school. Carlisle was also home to the Carlisle Industrial Indian School, a school for American Indians, of which Olympic champion Jim Thorpe is an alumnus. The location of the Carlisle Industrial Indian School now houses the U.S. Army War College. Carlisle is also home to Dickinson College, which was chartered at the end of the Revolutionary War in 1783 — the first college to be chartered after the Treaty of Paris.



Example of Wayside Marker

In 2002, Historic Carlisle, Inc. and the Borough of Carlisle partnered to initiate the Carlisle Wayside Marker Project using interpretive signage to honor and preserve Carlisle's rich heritage for the enjoyment and education of Carlisle's residents and visitors alike. The Wayside Markers tell the story of Carlisle's people, buildings and historic sites and events.

The map below will assist you on a self-guided walking and/or biking tour of the Wayside Markers through the streets and byways of Carlisle's Historic District and beyond. Please obey traffic rules, use crosswalks and watch for traffic as you visit each site to learn more about the history of Carlisle.



The Historic District is indicated by a Bold Red Line. The Square is indicated by the green box.

Wayside Marker Titles

1. RETURN OF THE CAPTIVES
2. FIRST PRESBYTERIAN CHURCH
3. EPHRAIM BLAINE HOUSE
4. 1753 CARLISLE INDIAN CONFERENCE
5. FREDERICK DOUGLASS VISITS CARLISLE
6. THE OLD JAIL
7. DUNCAN-STILES HOUSE
8. MAJOR GENERAL JOHN ARMSTRONG
9. ST. PATRICK CHURCH
10. LETORT SPRING RUN
11. THE OLD GRAVEYARD
12. COLONEL ROBERT MAGAW
13. THE MCCLINTOCK RIOT
14. MARKET HOUSE SQUARE
15. THE SHELLING OF CARLISLE
16. THE OLD LIVERY STABLE
17. THE CARLISLE THEATRE
18. CENTENARY BUILDING
19. THE CUMBERLAND COUNTY HISTORICAL SOCIETY, HAMILTON LIBRARY, AND MUSEUM
20. THE CARLISLE TRAIN STATION
21. BELLAIRE HOUSE
22. THE PRESIDENT'S HOUSE - DICKINSON COLLEGE
23. OLD WEST
24. DR. BENJAMIN RUSH
25. THE FORBES TRAIL
26. UNION FIRE STATION
27. THE LINCOLN CEMETERY
- ★ CUMBERLAND VALLEY VISITORS CENTER

Park and Trail Guidelines

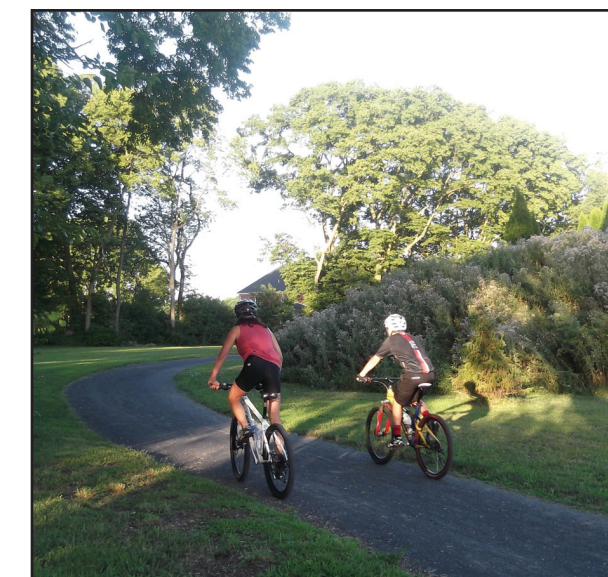
Please do not litter. There are no trash receptacles on the bike trails. Pack it in, pack it out!

Carlisle Borough parks and trails are alcohol-free and smoke-free. The Borough participates in the Young Lungs at Play program.



Off-road trails and parks are open from dawn to dusk.

Dogs are permitted as long as they are kept on a 6' leash and dog waste is bagged and properly disposed of.



Forbes Path

This brochure funded in part by a grant through the Cumberland Valley Visitors Bureau. For things to do, visit cumberlandvalley.com



Dickinson Park



Letort Trail at Goodyear Park

Who Has the Right of Way?

On a roadway, the bicyclist has the right of way. However, having the right of way does not ensure that motorists will yield to a bicyclist. Many motorists are either unaware or do not care that a bicyclist has a right to ride on the road. Therefore bicyclists must ride defensively and never assume that motorists will yield to them when required.

A bicyclist must yield the right of way to pedestrians. On the road or on a trail, pedestrians have the right of way. When a bicyclist approaches a pedestrian from behind on a trail, the cyclist should call out to warn the pedestrians that he or she is preparing to pass. Pedestrians should move to the right to allow safe passage.



Borough of Carlisle Bicycle and Pedestrian Network



Carlisle Parks and Recreation Department
Stuart Community Center
415 Franklin Street
Carlisle, PA 17013
717-243-3318
www.carlissepa.org

